



Holiday Eggnog

INGREDIENTS

SERVES 2

½ cup cashews (soaked overnight) Soak cashews over night; strain and rinse in the morning.
¼ c water
3 T maple
1 ½ cups coconut milk1 t
cinnamon
½ t cloves
½ t nutmeg

Blend all for 1 minute until creamy. Can serve hot or cold.